

Maryland University of Integrative Health is the leading academic institution for integrative health in the nation. For nearly 40 years, MUIH has educated practitioners in health and wellness through transformative and relationship-centered programs that draw from traditional wisdom and contemporary science. MUIH offers graduate degrees and certificates in a wide range of wellness fields, as well as programs for professional and personal development.

START YOUR JOURNEY



Maryland University of Integrative Health



EXPLORE MUIH

A UNIVERSITY ADVANCING
THE SCIENCE AND PRACTICE OF INTEGRATIVE CARE

WHAT IS INTEGRATIVE HEALTH?

Integrative health, sometimes referred to as integrative medicine, is a practice that focuses on the whole person, making use of all appropriate therapeutic approaches, healthcare professionals, and disciplines to achieve optimal health and healing. Other terms you may have heard: Complementary; Alternative; Traditional

What about the science? The body of research literature about integrative health practices has grown significantly in recent years, particularly on acupuncture, yoga, nutrition, and mindfulness practices.

VALUES

Community
We operate from an acknowledgment and declaration of interconnection. Our strength and success derives from each of us individually and collectively taking responsibility for the whole.

Mindfulness
We are intentional and thoughtful in our interactions and in our choices. We listen deeply to one another, choose our words with care, and take actions that serve each other and the common good.

Integrity
We ground our actions and words in honesty, compassion, and dignity. We aspire to excellence and accountability in all we do.

Inquisitiveness
We are committed to lifelong learning. We examine our positions and assumptions to discover new perspectives and ways of being. We strive to be open, to receive coaching, and to respond effectively to feedback.

Discernment
We make decisions with reference to our past, present, and future. We honor and learn from the elders, align with our principles and values, and consider the impact of our choices on future generations.

VISION

Serving as a leader in the global transformation of health and wellness, we integrate healing traditions and contemporary science, acknowledge the wisdom of the body and nature as a teacher, and focus on the interconnection of mind, body, and spirit. Our work enables people to thrive through the cycles of life.

MISSION

A distinctive community of scholars, researchers, practitioners, and advocates, Maryland University of Integrative Health promotes whole person, relationship-centered healthcare. Through discovery and exploration, we deliver progressive educational programs, advance innovative clinical models, build mutually beneficial partnerships, and provide opportunities for fulfilling careers.



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MUIHealth @MUIHealth

muih.edu [#exploreMUIH](https://twitter.com/MUIHealth)

Maryland University of Integrative Health

WHY MUIH

THIS COULD CHANGE YOUR LIFE...



“



I have made lifelong connections with some of the most wonderful people ever to walk this planet—my classmates. Not only am I lucky to have them as colleagues, we have also become a tight-knit family. And I have MUIH to thank for that.

”

JOANNA BALZ
Nutrition and Integrative Health

Student Readiness for Careers

Our students are provided with the education and hands-on training to be a standout after graduation. We incorporate clinical and/or field experience into all of our programs, giving our students the edge in joining an existing organization or starting their own practice. Our curricula prepare students for professional practice and our career center offers personalized support to help students explore career opportunities and search for jobs. Employers say resoundingly that our students distinctively embody relationship-centered care and practices. We have a proven track record of graduating practitioners who move on to work in private practice or in various other health-related jobs.

Impact on Lives

Our graduates are passionate about the benefits of integrative health and are changing lives around the world! As experienced practitioners and supporters of the field, they address health from a holistic perspective that empowers clients and emphasizes prevention, treating the whole person, and natural cures. Whether through creating sustainable behavior changes among individuals, or making use of a variety of therapeutic approaches, our graduates are making the difference in creating healthier and happier communities.

Our Programs

MUIH stands as a leader in integrative health education. We focus solely on integrative health, which provides students with deep expertise and an immersion in the field. We offer doctoral degrees, Master's degrees, and graduate certificates in a wide range of wellness fields, as well as individual academic courses for professional and personal development. Our progressive educational programs are built on curricula that are based on scientific research and grounded in relationship-centered whole-person philosophy.

Our Faculty

Our faculty members are practitioners themselves and passionate about integrative health. As experts in the field, our highly-qualified faculty integrate real world practice and experience into teaching and learning, and serve as professional mentors for students through one-on-one relationships. Our Natural Care Center includes a student teaching clinic that gives students the opportunity to practice in their field under the guidance of our faculty.

Our Process

Our admissions staff treat prospective students the way we treat our patients—with compassion and care designed to customize the experience. We offer a simplified admissions process allowing for rapid admission decisions. Students do not need prior education or experience in the field to explore their passion for integrative health. Pre-requisite coursework is built into the program. No GRE requirements. Nearly half of our students (47%) take advantage of the financial aid offered.

ADMISSIONS

Our admissions team is available to support your exploration of graduate programs at Maryland University of Integrative Health. The Office of Graduate Admissions offers information sessions by appointment, Monday through Friday between 10:00 a.m. and 4:00 p.m. Please contact Admissions to schedule a time to speak over the phone or visit the campus to have your questions answered. You may reach us by calling (410) 888-9048 ext. 6647 or emailing admissions@muih.edu.

FUNDING YOUR EDUCATION

Tuition and Fees

MUIH sets application fees and tuition rates annually for the academic year, and tuition varies by program. See the Academic Catalog, or contact the Office of Graduate Admissions for information on tuition and fees for specific programs.

Financial Aid

The Office of Financial Aid is committed to helping current and prospective students with the financial aid process. Our approach is individualized and responsive to each student's specific needs. For any questions about financial assistance, please contact our Office of Financial Aid at (410) 888-9048 ext. 6628 or at financialaid@muih.edu.

To apply for federal financial aid, students should first complete the Free Application for Federal Student Aid (FAFSA) online at www.fafsa.ed.gov. The Maryland University of Integrative Health school code to use when completing the FAFSA is G25784. To complete the FAFSA Entrance Counseling, Master Promissory Note, and/or Exit Interview, students should go to www.studentloans.gov. If you would like to receive a financial aid shopping sheet please email financialaid@muih.edu.

EXPLORE THE POSSIBILITIES!
Visit www.MUIH.edu

GRADUATE ACADEMIC PROGRAMS

ACUPUNCTURE AND ORIENTAL MEDICINE

MUIH was the first accredited acupuncture school in the nation and, nearly 40 years later, is still recognized as a pioneer and leader in the field. The Acupuncture and Oriental Medicine program emphasizes self-cultivation and "healership" — offering students a rigorous, transformative, and relationship-centered curriculum that acknowledges the complex interrelationship between body, mind, and spirit.

- Doctor of Acupuncture
- Doctor of Oriental Medicine
- Master of Acupuncture
- Master of Oriental Medicine
- Post-Baccalaureate Certificate in Chinese Herbs

» Available format: On-Campus



HEALTH PROMOTION

The Health Promotion program at MUIH prepares students to work with groups and organizations to help address the needs and challenges of the nation's healthcare trends. This program offers students a comprehensive foundation in health sciences and integrative health, including an evidence-based understanding of the physiological, behavioral, and environmental aspects of disease prevention and healthy living. The program provides pathways for focused study in community education and workplace wellness.

- Master of Science in Health Promotion

» Available format: Online

HEALTH AND WELLNESS COACHING

MUIH is among the pioneers setting industry standards for this rapidly growing career field. The program prepares students to work one-on-one with individuals in identifying and meeting their goals. Unique to MUIH's health and wellness coaching philosophy is an integrative approach to wellness and healing, a focus on whole-person care, and a model that emphasizes prevention.

- Master of Arts in Health and Wellness Coaching
- Post-Baccalaureate Certificate in Health and Wellness Coaching

» Available formats: On-Campus, Online, Hybrid



HERBAL MEDICINE

MUIH offers the only Master's degree in therapeutic herbalism from a regionally-accredited university. It offers students a comprehensive study of medicinal herbs and their role in physiology, health, and wellness, and integrates modern scientific and research knowledge with traditional wisdom. The program provides pathways for focused study in clinical herbalism or herbal product design, and opportunities to study in the field and in MUIH's on-site dispensary.

- Master of Science in Therapeutic Herbalism
- Post-Baccalaureate Certificate in Herbal Studies

» Available format: Hybrid

NUTRITION AND INTEGRATIVE HEALTH



The Nutrition and Integrative Health program at MUIH prepares students with the advanced skills and expertise to fill a growing demand for leaders in a field known to be one of the most influential determinants of long-term health and wellness. The program emphasizes the vital and interrelated physiological, environmental, socio-cultural, and spiritual roles of food. The program includes emerging trends in nutrigenomics, the microbiome, and sports nutrition among others. Graduates of this program will be uniquely positioned to fill the growing demand for nutritionists and nutrition educators.

- Doctor of Clinical Nutrition
- Master of Science in Nutrition and Integrative Health
- Post-Master's Certificate in Nutrition and Integrative Health

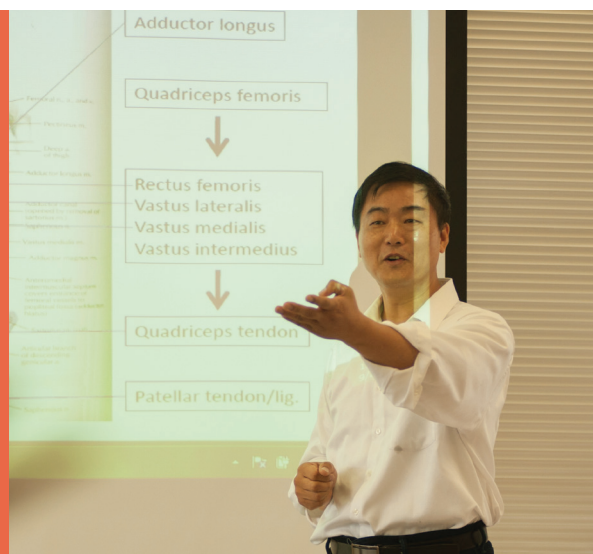
» Available formats: On-Campus, Online, Hybrid

NATUROPATHIC MEDICINE

The School of Naturopathic Medicine at MUIH is the first and only in the mid-Atlantic region and one of only a handful of naturopathic medical schools in the nation that operate within a regionally accredited university. It offers students progressive models for evidence-informed medical education, hands-on and virtual laboratories, and a wide variety of clinical experiences including community-based healthcare. Learning is designed to foster critical clinical reasoning through a curriculum that establishes a foundation in biomedical sciences, naturopathic philosophy, and integrative therapeutics and includes emerging trends in genomics, bioinformatics, and personalized medicine. The Doctor of Naturopathic Medicine program prepares graduates to practice as first-contact providers with expertise in botanical medicine, clinical nutrition, homeopathy, counseling and coaching, and manual therapies designed to address the whole person.

- Doctor of Naturopathic Medicine

» Available format: On-Campus



CAREERS



A GROWING FIELD

**\$30
BILLION**

AVERAGE ANNUAL SPENDING ON INTEGRATIVE HEALTH SERVICES

With more people seeking out alternative modes of treatment, there is a fast-growing need to educate and train more integrative healthcare professionals.

The Career Center at MUIH

The MUIH Career Center serves as a liaison between the campus community and employers, while also providing students and alumni with career counseling and job search counseling. The center also works closely with the academic programs to support external clinical, internship, and practicum placements.

The staff at the Career Services Center takes a holistic approach to teaching students and alumni how to effectively conduct their job searches. It also provides emotional support and encouragement through the stressful yet exciting process of launching or relaunching a career in the healthcare industry.



YOGA THERAPY

MUIH's Master of Science in Yoga Therapy is among the nation's first graduate degrees in this rapidly growing field. Designed specifically for serious yoga enthusiasts and yoga teachers, this program will prepare students to fill the growing demand for advanced practitioners with the skills and expertise to empower people toward better health and wellness. The program provides students with the extensive foundational knowledge in yoga therapy, research literacy skills, and experience working in a variety of medical and wellness settings needed to excel in a future career.

- Master of Science in Yoga Therapy

» Available format: Hybrid

Advance with MUIH,
the leader in integrative health.